

South Norfolk Youth Advisory Board

New Year Activity Programme 2023

Free!



Wellbeing and Social Sessions 11 – 19 year olds	Fridays: Monthly	Relaxing and calm sessions designed to give you time to focus on you, meet others, enjoy some mindfulness and wellbeing activities, and get support.
Clinks Farm (12–19s)	Saturdays: 21 st Jan 18 th Feb 18 th March 15 th April	Clinks Care Farm is a 143-acre farm combining the care of the land with the care of people. Take part in these sessions and enjoy a variety of jobs including animal husbandry, conservation tasks, and market gardening.
Young Commissioners 11 – 19s (up to 25s)	Various dates	Join our team of young people who make decisions about what the South Norfolk YAB does, where it spends its money, and how it supports young people.
Careers Advice and support	To suit you	If you are aged 15+ and want to discuss your future, meet with Graham, our Careers Adviser, to look at different options.
Coming up...		
Quaker Wood	Saturdays	<ul style="list-style-type: none">• Conservation sessions
Training Courses	Various dates	<ul style="list-style-type: none">• Food Hygiene Course• First Aid Course

These sessions are open to young people who live in South Norfolk, or who attend school in South Norfolk (Year7+).

Further information can be found at <https://www.snyab.org/> or contact 07778 896325 or email info@mtmyouthservices.org.uk



Places are limited so please book as soon as possible. We will need a consent form in advance of the session.

